



Alex's Story

Alex is an average teen from Sackville. He doesn't grapple with addiction or severe mental health challenges, but he struggles with ADHD and anxiety. Alex has a supportive mother and a stable home environment. But, like many other youth, he spent a long time feeling very alone. He didn't have a male role model in his life, or an adult he felt comfortable opening up to. Alex has some challenges with his school work, so when his mom learned about Youth Unlimited's Academic Cafe she signed him up for the very first session. And there he discovered so much of what he had been missing.



Now Alex knows he has someone in his corner. He knows he has somewhere to turn when life gets challenging. He knows he will be accepted and loved no matter what, and *that* is why we do this.

Early in the program Alex met Willie, a teacher and volunteer with Youth Unlimited. They worked together through his homework, but also talked about life's big and small questions that go beyond schooling. In Willie, Alex found the role model, mentor, and friend he didn't know he needed.

FILLING THE GAPS

Part of our strategic plan when entering this new season has been to identify gaps in existing youth-focused community programs. We have been making connections with key players in the area and learning all we can to create programs that are tailored specifically to serve our overlooked youth.

If you know a teen who would benefit from a certain type of program, let us know! Shoot us an email at:

yuhalifax@yfc.ca






Get Involved
Contact us if you're interested in volunteering or getting involved in YU Halifax!



Spread the Word
Talk about us with the youth in your life!



Thank You!
We could not achieve our vision if it weren't for your support. Thank you so much for your dedication to the youth of our city.

Hard at Work During Lockdown

The past few months have been a challenge for everyone, but we've been hard at work getting ready to launch into a new season! We've made some exciting connections in the community that may soon open doors for us to expand our programs and implement new ones. We've also created an exciting new strategic plan for life during and after the pandemic. We're busy launching into this phase and are asking for prayer for...

1
STAFF

Michael Gregory will be joining us soon- please pray for his transition into this new role.

2
FACILITIES

We are submitting a proposal to use the Salvation Army building in Sackville as a youth centre!

3
STATUS

Pray for our progress as we seek to achieve charitable status as an independent entity.